

1 1 H hydrogen 1.008 [1.0078, 1.0082]	2 Be beryllium 6.94 [6.938, 6.997] 9.0122	13 B boron 10.81 [10.806, 10.821]	14 C carbon 12.011 [12.009, 12.012]	15 N nitrogen 14.007 [14.006, 14.008]	16 O oxygen 15.999 [15.999, 16.000] 18.998 20.180	17 Ne neon 20.180											
3 Li lithium 6.94 [6.938, 6.997]	4 Be beryllium 6.94 [6.938, 6.997] 9.0122	11 Na sodium 24.305 [24.304, 24.307]	12 Mg magnesium 24.305 [24.304, 24.307]	13 Al aluminium 26.982 [28.084, 28.086]	14 Si silicon 28.085 [28.084, 28.086]	15 P phosphorus 32.06 [32.059, 32.076] 35.45 [35.446, 35.457] 39.948											
19 K potassium 39.098	20 Ca calcium 40.078(4)	21 Sc scandium 44.956	22 Ti titanium 47.867	23 V vanadium 50.942	24 Cr chromium 51.996	25 Mn manganese 54.938	26 Fe iron 55.845(2)	27 Co cobalt 58.933	28 Ni nickel 58.693	29 Cu copper 63.546(3)	30 Zn zinc 65.38(2)	31 Ga gallium 69.723	32 Ge germanium 72.630(8)	33 As arsenic 74.922	34 Se selenium 78.971(8) [79.901, 79.907]	35 Br bromine 79.904 [79.901, 79.907] 83.798(2)	36 Kr krypton 83.798(2)
37 Rb rubidium 85.468	38 Sr strontium 87.62	39 Y yttrium 88.906	40 Zr zirconium 91.224(2)	41 Nb niobium 92.906	42 Mo molybdenum 95.95	43 Tc technetium 101.07(2)	44 Ru ruthenium 102.91	45 Rh rhodium 106.42	46 Pd palladium 107.87	47 Ag silver 112.41	48 Cd cadmium 114.82	49 In indium 118.71	50 Sn tin 121.76	51 Sb antimony 127.60(3)	52 Te tellurium 126.90	53 I iodine 131.29	54 Xe xenon 131.29
55 Cs caesium 132.91	56 Ba barium 137.33	57-71 lanthanoids 178.49(2)	72 Hf hafnium 180.95	73 Ta tantalum 183.84	74 W tungsten 186.21	75 Re rhenium 190.23(3)	76 Os osmium 192.22	77 Ir iridium 195.08	78 Pt platinum 196.97	79 Au gold 200.59 [204.38, 204.39]	80 Hg mercury 204.38 [204.38, 204.39]	81 Tl thallium 204.38 [204.38, 204.39]	82 Pb lead 207.2	83 Bi bismuth 208.98	84 Po polonium 208.98	85 At astatine 208.98	86 Rn radon 208.98
87 Fr francium 223.02	88 Ra radium 226.02	89-103 actinoids 231.04	104 Rf rutherfordium 232.04	105 Db dubnium 232.04	106 Sg seaborgium 232.04	107 Bh bohrium 232.04	108 Hs hassium 232.04	109 Mt meitnerium 232.04	110 Ds darmstadtium 232.04	111 Rg roentgenium 232.04	112 Cn copernicium 232.04	113 Nh nihonium 232.04	114 Fl flerovium 232.04	115 Mc moscovium 232.04	116 Lv livermorium 232.04	117 Ts tennessine 232.04	118 Og oganesson 232.04

57 La lanthanum 138.91	58 Ce cerium 140.12	59 Pr praseodymium 140.91	60 Nd neodymium 144.24	61 Pm promethium 150.36(2)	62 Sm samarium 151.96	63 Eu europium 157.25(3)	64 Gd gadolinium 158.93	65 Tb terbium 162.50	66 Dy dysprosium 164.93	67 Ho holmium 167.26	68 Er erbium 168.93	69 Tm thulium 173.05	70 Yb ytterbium 174.97	71 Lu lutetium 174.97
89 Ac actinium 232.04	90 Th thorium 231.04	91 Pa protactinium 231.04	92 U uranium 238.03	93 Np neptunium 238.03	94 Pu plutonium 239.05	95 Am americium 243.06	96 Cm curium 247.07	97 Bk berkelium 247.07	98 Cf californium 251.08	99 Es einsteinium 252.09	100 Fm fermium 253.09	101 Md mendelevium 256.10	102 No nobelium 259.11	103 Lr lawrencium 259.11